

**Do you want to help your child thrive  
and promote positive behavior?  
Do you want to help your child avoid  
risky behavior?**



**Free Parenting Workshop  
with Two Guest Speakers from AHS**

**Date: March 29th**

**Time: 6pm-8pm**

**Location: Zoom**

**Pre-Register: 403-877-7163**

Developmental assets are the building blocks of healthy development that help children grow up caring, responsible and resilient.

You will learn about these assets as well as:

- Factors that contribute to the healthy development of children & youth.
- What you can do to help build skills, experiences and opportunities for your child.
- How building on young people's strengths can help prevent alcohol and drug abuse and other risky behaviours.



Innisfail and Area FRN

